

Reflections

Thursday, April 30 to Sunday, May 3, 2020

Masterclass

Here's a shout out to Franceen King for the excellent job she did speaking at this week's Masterclass. Of equal merit, was the tech support provided by Cheryl Hopkins. Our class flowed smoothly and was enjoyed by all. (They practiced extensively, so it would come off smoothly.) Way to go team Masterclass. Thank you to all who helped us become more skilled.

Reopening Campus Plans

Amenie: "Performance Foods just sent out an e-mail with best practice guidelines from the National Restaurant Association, which is incredibly helpful."

Trainer TLC

On Thursday, Cheryl, Carole, Scott and board chair Frank Kenna met with the Trainer Liaison Committee (TLC) to garner their support for putting our residential courses online. We got it and they helped support us during the...

All Trainer Meeting

The same team met with all the trainers to inform them of our plans to put residential programs online. By the end of the meeting, they endorsed our move and were anxious to get Monroe's courses out to the public in such a fashion. Some were a bit nervous about the technology...but promised to learn. Some we're quite certain we could take over our courses without adaptation...which we acknowledge was necessary. "As long as we stay true to the principles of the course, we can always change the exercises to fit the technology." (Rob Sandstrom) Truer words were never said.

India

Last week I had a 120 person meeting with Nikate and his students where we talked all things Monroe. This week I'm meeting with the same group on Monday to talk about "NDEs: What do we know?"

Less Meetings

We're becoming loaded up with meetings because of our migration of residential courses to online courses. Look for some regularly scheduled meetings to disappear.

Covid Capers

This link was sent to Anne by one of her board members. Theater fun: ONE FISH, TWO FISH, RED FISH, BLUE FISH | Dr. Seuss Raps over Dr. Dre Beats (8:11)

<https://www.youtube.com/watch?v=l8-EXMxufG8>

Some Wisdom:



I just noticed something about the ubiquitous sign at every diner.
On one hand, it means, "the special that was assigned to today." It's possessive.
But on the other hand, it could simply mean, "today is special."
Because both are true.
Plan accordingly. ~Seth Godin

"When fear of the future occurs, or fear of the past, or fear of what others will say--put
all such away with this prayer--not merely by mouth, not merely by thought, but in body,
in mind and in soul say:
"Here am I, Lord--Thine! Keep me in the way Thou would have me go, rather than in
that I might choose."

Edgar Cayce reading 2540-1

WORD FOR THE DAY

Listen to your life. See it for the fathomless mystery that it is.
In the boredom and pain of it, no less than in the excitement
and gladness...because in the last analysis all moments are
key moments and life itself is grace.

FREDERICK BUECHNER

A gift from Anne to the staff of Monroe:

<https://www.facebook.com/probablytomfoolery/videos/vb.826415330774102/925284527912453/?type=2&theater>

Enjoy this beautiful, hopeful bit of theater!

Love, Anne

Thought you might enjoy this. It's a birthday gift, when you could still have friends over
for a BBQ. MN in in August.



See you Monday,
Scott